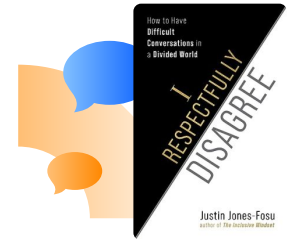


MEETING IN A BOX

I Respectfully Disagree

How to Have Difficult Conversations in a Divided World



BEFORE THE MEETING Read or listen to the summary individually before the discussion.



In [I Respectfully Disagree](#), you'll learn:

- How respectful disagreement can bridge divides and solve global issues.
- Why embracing an inclusive mindset fosters constructive dialogue.
- How “Golden Respect” redefines respect and promotes genuine connection.
- Why understanding your past aids in navigating conflicts respectfully.

DURING THE MEETING Meet to discuss the following questions as a group.

1. Warmup

What's a memorable conversation where you learned something unexpected from someone with a different perspective?

2. Current Challenges in Navigating Difficult Conversations

What challenges do you currently experience in having respectful disagreements? (e.g., maintaining open-mindedness, avoiding assumptions, acknowledging complexity)

3. Alignment with Respectful Disagreement

How does the author's advice on respectful disagreement align with your current approach to handling conflicts? (e.g., practicing empathy and curiosity)

4. Strategies for Overcoming Polarization

Which specific strategy mentioned in the summary is most valuable for your context, and why? (e.g., challenging your perspective, being the student, cultivating curiosity, seeking the gray)

5. Applying Insights to Foster Connection

How can you apply your insights from this discussion to foster more meaningful connections in your interactions?

AFTER THE MEETING Commit to an action plan individually or with your group.

- ✓ Select specific solutions or ideas to apply
- ✓ Define the first steps and resources needed for implementation
- ✓ Set a start date for implementation



✓ Set a follow-up date to review progress

